


INSTRUCTIONS

HOW TO DON A HARNESS

1. Holding harness by back D-ring, ensure straps are unbuckled and untwisted. (See Figure 1)
2. Slip straps over shoulders so back D-ring is located between shoulder blades. (See Figure 2)
3. Pull leg straps between legs and buckle to corresponding ends. Tighten leg straps until snug. (See Figure 3)



NOTE: Leg straps should not be too snug as to obstruct blood circulation in legs.

4. Buckle chest strap so that it is positioned in mid-chest area. If adjustable, tighten until snug. (See Figure 4)
-  **NOTE:** Chest strap should be 6-8" below the trachea, but not below the sternum.
5. After buckling all straps, readjust harness fit as needed. Secure excess strap in elastic loop keepers.

HARNESS CARE

When not in use, hang harness by back D-ring in order to maintain shape.

Figure 1

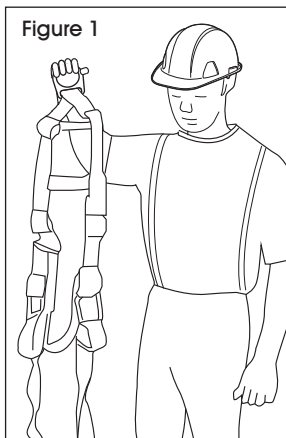


Figure 2

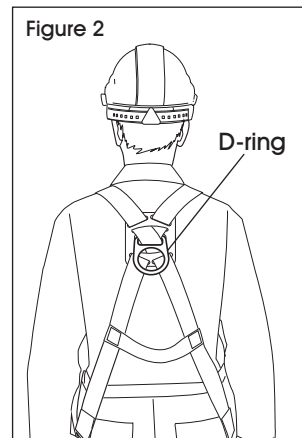


Figure 3

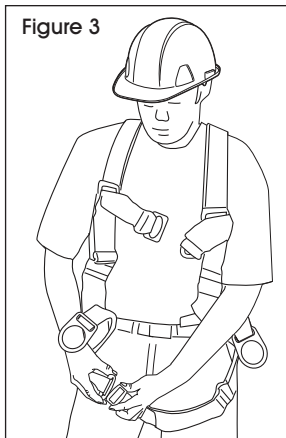


Figure 4

